



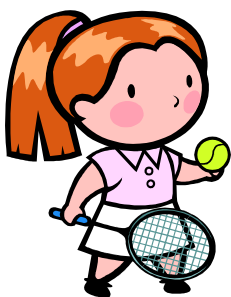
**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**



# quickstart tennis



QuickStart Tennis is an exciting new play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. QuickStart Tennis is the fast, fun way to get kids into tennis, and keep them playing. By being introduced to this style of play from the start, your kids will gain confidence by seeing their own immediate progress, making them more enthusiastic about continuing to play and improve. QuickStart Tennis enables kids to have more enjoyable experiences early on in the learning process and having fun is always a factor in keeping kids involved. QuickStart Tennis is a program designed by the USTA.



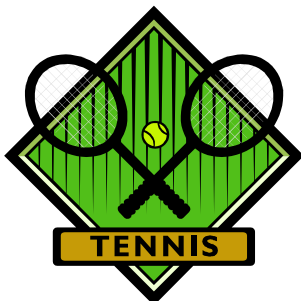
### When is it held?

Children Ages 5 & 6:	Saturday:	11:15-12:15
Children Ages 7 & 8:	Saturday:	12:15-1:15
Children Ages 9 & 10	Saturday:	1:15-2:15



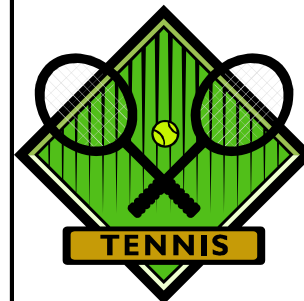
**The program runs for 8 weeks.**

Children need to provide their own racquets, recommended racquet size for 8 and under are 19", 21", or 23" and for 9 & 10 are 23" or 25". We do have limited racquets available for those children that cannot provide there own, please let a staff person know if you need to borrow one.



### Registration begins Monday, February 14th

**When: March 5th-April 23rd**  
**Where: Auburn-Lewiston YMCA Gymnasium**  
**Who: Children ages 5-8**  
**Cost: \$35 for members  
\$60 for nonmembers**



Anyone interested in volunteering, please contact Josh LaPrell, [jlaprell@alymca.org](mailto:jlaprell@alymca.org) or 795-4095.